

# THESE ARE MY WISHES FOR YOU

*"Wishing you a beautiful day and a wonderful life!"*

*May you find serenity and tranquility in a world  
you may not always understand.*

*May the pain you have known and the conflict you  
have experienced give you the strength to walk  
through life facing each new situation with courage  
and optimism.*

*Always know that there are those whose love  
and understanding will always be  
there, even when you feel most alone.*

*May a kind word, a reassuring touch, and a  
warm smile be yours every day of  
your life, and may you give these gifts as well  
as receive them.*

*May the teachings of those you admire become  
part of you, so that you may call  
upon them.*

*Remember, those whose lives you have touched and who have  
touched yours are always a part of you, even if the encounters were  
less than you would have wished.*

*It is the content of the encounter that is more important than its  
form. May you not become too concerned with material matters, but  
instead, place immeasurable value on the goodness in your heart.  
Find time in each day to see the beauty and love in the world around  
you.*

*Realize that what you feel you lack in one regard may be more than  
compensated for in another.*

*What you feel you lack in the present may become one of your  
strengths in the future.*

*May you see your future as one filled with promise and possibility.  
Learn to view everything as a worthwhile experience.*

*May you find enough inner strength to determine your own worth  
by yourself, and not be dependent on another's judgment of your  
accomplishments.*

*May you always feel loved.*

*~ Sandra Sturtz Hauss*



*Empowered to fully live and love.*

**DEBORAH BOGLE**

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